



Dear Parents,

thank you for your trust. We are pleased to guide you and your child through the ophthalmological mother-child check-up for a healthy development of vision.

With this letter we would like to provide you with information about the procedure and at the same time inform you about the documents you need to bring with you.

We kindly ask you to bring the following documents to the appointment on _____

- ✓ **Mother-Child Pass**
- ✓ **E-card of your child**
- ✓ **Referral from your general practitioner/pediatrician**
the referral is required for billing reasons
- ✓ **Sunglasses or a visor for your child**
see information under point 3 "After the examination"

Below we provide you with detailed information about the procedure:

1. Preliminary examination/Child measuring device "Plusoptix":

For the examination we use the non-invasive eye measuring device "Plusoptix" specially designed for children. This device has the advantage of measuring the collaboration of both eyes and the eye position in seconds without contact using infrared. Since health insurance does not classify this measuring device as a statutory service, a contribution of EUR 20 is required, which can be submitted to private insurance if applicable.

2. Preliminary discussion/Dropping:

Following the measurement, the doctor conducts the preventive examination. In this preliminary discussion, the following aspects are addressed and examined:

- Binocular vision
- Eye position
- Eye mobility

To prevent possible oversight of poor eyesight in children, eye drops for relaxation of the pupils administered by the doctor in each eye. After an exposure time of approximately 20 minutes, the refractive error can be determined, and the doctor can examine the background.

3. After the examination:

Please note that due to the drops your child's pupils will remain dilated for approximately 6 hours. Common but harmless symptoms such as increased sensitivity to light or blurred vision will pass within the specified time of approximately 6 hours. Therefore it is recommended to bring sunglasses or a visor for the journey home.

We kindly ask you to plan for a time investment of approximately 60 minutes.

For further questions, we are at your service using the contact information provided above.